

# Allatoona Invite

April 13, 2013

Allatoona HS, Acworth, GA

Facility	6 lane track. Timing will be FAT. Concessions and t-shirts will be sold. Admission will be \$3 for adults and \$2 for students at the main stadium gate. Parking is free. Tent set up will be allowed on gate side of stadium and in the visitor side bleachers only.
Equipment	Starting blocks will be provided. Teams need to provide their own field event implements and relay batons.
Entries	This is a varsity meet for boys and girls allowing 2 entries per individual events and 1 entry per relay events. Entry will be online at GA Milesplit, and we will limit the number of teams to 12. Entries need to be completed by April 6, 2013. Once number of teams is met, registration will be closed.
Entry Fee	\$150 per entire team (boys and girls combined) to help with awards and timing. Entry fee due date is April 6, 2013, needs to be sent by due date.
Awards	Top 3 teams for boys and girls and top 3 individuals for boys and girls for each event and relay.
Scoring	Individual and relay: 10-8-6-4-2-1
Field Events	Each individual will have 3 attempts. Best of the 3 attempts will qualify the top 7 individuals for a one attempt final, except for high jump and pole vault which will be 5-alive.
Sanction	Meet is sanctioned with GHSA.
Rules	We will use the National Federation rulebook for any rule dispute. We will enforce uniform rules and no jewelry rules.
Officials	We will ask coaches to help run field events. Meet will be FAT timed by PT Timing Group and clerked and started by Allatoona HS coaches and parents.
Contact	Dave Ravenscraft Allatoona HS 3300 Dallas-Acworth Rd Acworth, GA 30101 <a href="mailto:david.ravenscraft@cobbk12.org">david.ravenscraft@cobbk12.org</a> (S) 770-975-6503 (ext 701033) (H) 770-429-8527

# Allatoona Invite

April 13, 2013

Allatoona HS, Acworth, GA

**Field Events** – Best of 3 attempts qualify to a one attempt final – except for high jump and pole vault (5-alive). We will measure all legal 1st attempts, 2nd and 3rd attempts must be farther than qualifying distance. Top 7 qualify for a one attempt final, except HJ and PV. The final attempt must be farther than qualifying distance.

**Running Events** – Heats are slow to fast and finals on time. Girls run first and then boys.

## Time Schedule and Order of Field and Running Events:

Time	Event	Qualifying
8:00AM	Check in, set up and warm up	Tents – gate side and visitor bleachers
9:00AM	Girls Pole Vault	Starting height is 7'0"
	Girls High Jump	Starting height is 4'6"
	Girls Long Jump – black pit	Measure distance is 14'0"
	Girls Discus	Measure distance is 80'0"
	Boys Triple Jump – red pit	Measure distance is 38'0"
	Boys Shot	Measure distance is 38'0"
10:30AM	Boys Pole Vault	Starting height is 9'0"
	Boys High Jump	Starting height is 5'6"
	Boys Long Jump – black pit	Measure distance is 18'0"
	Boys Discus	Measure distance is 100'0"
	Girls Triple Jump – red pit	Measure distance is 28'0"
	Girls Shot	Measure distance is 28'0"
12:00PM	4 x 100M Relay	1 team girls and 1 team boys, 2 heats each
12:20PM	1600M	2 heats girls and 2 heats boys
1:00PM	400M	4 heats girls and 4 heats boys
1:30PM	100/110M Hurdles	4 heats girls and 4 heats boys
2:00PM	100M	4 heats girls and 4 heats boys
2:20PM	800M	2 heats girls and 2 heats boys
3:00PM	200M	4 heats girls and 4 heats boys
3:30PM	300M Hurdles	4 heats girls and 4 heats boys
4:00PM	3200M	1 heat girls and 1 heat boys
4:30PM	4 x 400M Relay	1 team girls and 1 team boys, 2 heats each
5:00PM	Awards	

**Note: Events will run on time schedule.**