



## TSU Invite Information Packet

- DATE:** February 2, 2013
- LOCATION:** TSU Gentry Complex  
Tennessee State University  
Nashville, TN 37209
- MEET HOST:** Coach Chandra Cheeseborough
- STARTING TIME:** 8:00 a.m. Mile Run & Field Events  
10:30a.m. running events will be a Rolling Schedule
- COMPETITION:** Each team may enter up to **three athletes** per event. Club athletes and unattached athletes are welcome. Awards will be given to the top three collegiate finishers in each event.  
**Long Jump and Triple Jump may enter only two athletes per event.**
- ENTRY FEE:** \$300 per men's or women's teams, \$43 per individual athlete. **All unattached athlete must pay online.**
- ELEMENTS:** ¼ inches elements are required
- DRESSING FACILITIES:** Available at Gentry Complex
- TRAINERS:** Trainers will be available at the track meet from 6:00 a.m. Through the duration of the meet if a team desires training room facilities please call Patrice Elder (615) 963-7769.
- AWARDS:** Awards will be presented approximately 20 minutes after the conclusion of each event to the top (3) collegiate finishers.
- PACKETS:** Packets will be available Friday February 1, 2013 at 4:30pm
- REGISTRATION:** Online at [www.coacho.com](http://www.coacho.com)
- ENTRY DEADLINE:** Entries must be received via online at [www.coacho.com](http://www.coacho.com) by Wednesday- January 30, 2013 at 11:59 p.m. CST

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8:00 A.M.                      Mile Run                      Women/Men

**\*\* Each athlete receives 4 attempts per field event (LJ, TJ, SP, and WT)**

## **8:00 Field Events**

Pole Vault                      Women/Men

High Jump                      Women/Men

Long Jump                      Men/Women

Triple Jump (After LJ)                      Men/Women

Shot Put                      Women/Men

Weight Throw                      Women/Men

**10:30 Running Events**    55m Hurdles Prelims                      Women/Men

**Rolling Time Schedule**

55m Prelims                      Women/Men

Distance Medley Relay                      Women/Men

**\*\*Two heat finals**                      55m Hurdles Finals\*\*                      Women/Men

55m Finals\*\*                      Women/Men

400m                      Women/Men

800m                      Women/Men

200m                      Women/Men

5000m                      Women/Men

4x400m Relay                      Women/Men