

2016 Schedule for the 7AAAAA Region Meet Boys' & Girls Track and Field Championship

Date: Tuesday April 19th and Thursday April 21st
Location: Dalton High School
Time: 9:30am Saturday April 16th and 1:00pm Thursday April 21st
Scratch Meeting: 9:00am Saturday / Weigh Inn only 8:45am Saturday/ 12:30 Thursday
Meet Director: Matthew Rigdon
Contact Info: matthew.rigdon@dalton.k12.ga.us
Make Up Date: Wednesday April 19th and Friday April 22nd

Day 1 Field Event Finals

Boys Long Jump
Girls Triple Jump
(3 jump prelim, top 9/3 final jumps)
Girls Discus
Boys Shot Put
(All implements must be weighed in.)
(3 throw prelim, top 9/3 final throws)
Boys Pole Vault
Girls High Jump

Day 2: Field Event Finals

Girls Long Jump
Boys Triple Jump
(3 jump prelim, top 9/3 final jumps)
Boys Discus
Girls Shot Put
(All implements must be weighed in.)
(3 throw prelim, top 9/3 final throws)
Girls Pole Vault
Boys High Jump

All timing on both days will be by an independent timing company. Each school will contribute approximately 80 dollars to the expense of hiring a timing company. The 1st Place finisher from each heat and the next 4 fastest times will advance to the finals. Top eight places receive points. In the finals, place will be seated before time.(assuming 4 heats in everything but , 2 in 1600,and 3200)

Day 1: Running Events

400m relay prelim
1600m Final **Girls & Boys**
400m dash prelim
100m dash prelim
100/110m Hurdles
800m run prelim
200m dash prelim
300m hurdles prelim
15Minute Break
1600m Relay prelim

Day 2: Running Events

400m relay final
3200m final **Girls Only**
400m dash final
100m dash final
100/110m Hurdles final
800m run final
200m dash final
300m hurdles final
3200m final **Boys Only**
10 Minute Break
1600m Relay Final

If you need to contact me my cell # is (404) 723-3699 and my e-mail is david.holloway@bartow.k12.ga.us.