

# PERIMETER INVITATIONAL TRACK MEET

May 6, 2016

## Time Schedule

(will run ahead of schedule if possible)

9:00 AM Coaches Scratch Meeting (all substitutions, scratches, or additions will be finalized)  
9:30 AM Opening Prayer/Instructions/ All athletes in groups with their coaches

### TRACK EVENTS

### FIELD EVENTS

(will begin as previous event is completed)

<u>9:35 AM</u>	Girls/Boys	Grade 6	1600 Meter Run Final (one race per gender)	<u>Boys:</u> Grade 4 Standing Long Jump <u>Girls:</u> Grade 4 Shot Put (Gr. 3-5: 6lb) <u>Boys:</u> Grade 5 Long Jump
<u>9:50 AM</u>	Girls/Boys	Grade 5	800 Meter Run Final (one race per gender)	<u>Girls:</u> Grade 3 Standing Long Jump <u>Boys:</u> Grade 3 Shot Put <u>Boys:</u> Grade 6 Long Jump
<u>10:00 AM</u>	Girls/Boys	Grade 4	400 Meter Run Final (2 Heats per gender by times)	<u>Girls:</u> Grade 6 Shot Put (6lb) <u>Girls:</u> Grade 5 Long Jump <u>Boys:</u> Grade 5 Shot Put
<u>10:10 AM</u>	Girls/Boys	Grade 6	400 Meter Run Final (2 Heats per gender by times)	<u>Girls:</u> Grade 4 Standing Long Jump <u>Boys:</u> Grade 4 Shot Put <u>Girls:</u> Grade 6 Long Jump
<u>10:20 AM</u>	Girls/Boys	Grade 5	400 Meter Run Final (2 Heats per gender by times)	<u>Boys:</u> Grade 3 Standing Long Jump <u>Girls:</u> Grade 3 Shot Put <u>Boys:</u> Grade 6 Shot Put (8lb)
<u>10:30 AM</u>	Girls/Boys	Grade 4	200 Meter Run Final (2 Heats per gender by times)	<u>Girls:</u> Grade 5 Shot Put
<u>10:40 AM</u>	Girls/Boys	Grade 3	200 Meter Run Final (2 Heats per gender by times)	
<u>10:55 AM</u>	Girls/Boys	Grade 6	100 Meter Qualifying (2 Heats/gender, top 4/Heat to finals by place)	
<u>11:05 AM</u>	Girls/Boys	Grade 5	100 Meter Qualifying (2 Heats/gender, top 4/Heat to finals by place)	
<u>11:15 AM</u>	Girls/Boys	Grade 4	100 Meter Qualifying (2 Heats/gender, top 4/Heat to finals by place)	
<u>11:30 AM</u>	Girls/Boys	Grade 3	100 Meter Qualifying (2 Heats/gender, top 4/Heat to finals by place)	
<u>BREAK</u>				

<u>12:45 PM</u>	Girls Grade 6	100 Meter Final	Boys Grade 6	100 Meter Final
<u>12:50 PM</u>	Girls Grade 5	100 Meter Final	Boys Grade 5	100 Meter Final
<u>1:00 PM</u>	Girls Grade 4	100 Meter Final	Boys Grade 4	100 Meter Final
<u>1:10 PM</u>	Girls Grade 3	100 Meter Final	Boys Grade 3	100 Meter Final
<u>1:20 PM</u>	Girls Grade 6	4X200 Relay	Boys Grade 6	4X200 Relay
<u>1:30 PM</u>	Girls Grade 5	4X200 Relay	Boys Grade 5	4X200 Relay
<u>1:45 PM</u>	Girls Grade 4	4X200 Relay	Boys Grade 4	4X200 Relay
<u>2:00 PM</u>	Girls Grade 3	4X200 Relay	Boys Grade 3	4X200 Relay
<u>2:30 PM</u>	Presentation of Team Trophies			