# Region 3-AAAA Girl's and Boy's Track and Field Championships at Starr's Mill High School Thursday, April 19<sup>th</sup>, 2018 – Finals Friday, April 20<sup>th</sup>, 2018- Rain Day

**Scoring and Awards:** Top 8 (10-8-6-5-4-3-2-1) provided by the Region

Entries: 2 per event including relays –Submit entries at <a href="https://www.ga.milesplit.com">www.ga.milesplit.com</a> by Sunday, April 15th, 2018 (online entry) by 11:59pm. All relay line-ups including alternates must be declared at Scratch Meeting on Monday, April 16th, at 7pm in the Health room (902) at Starr's Mill. Relay line-ups including alternates may not change for sectionals. Also, all entries (rosters) must be made ELECTRONICALLY on the GHSA web site (http://app.ghsa.net/). A template will be posted there for use by all head track coaches.

**Admission:** \$5.00 for adults and \$3.00 for students

# Sectional Qualifying: Top 4 in finals advance to the "A" Sectionals AAAAA (1,3,6,7) Saturday, April 28th, 2018.

Regional Finals: Lane Events – (Section vs Time) Top 4 advance to Sectionals

1600/3200 — One heat of each — Top 4 advance to Sectionals 9 to field event finals (3 throws and 3 jumps...additional 3 throws/jumps in final) 5 alive for High Jump and Pole Vault

# **Schedule:** \*\*\*\*9:30am Coaches Meeting at finish line tent\*\*\*\*

11:00am	School for Event	1:00pm	School for Event
<b>Boys Discus</b>	Starr's Mill/McIntosh	Girls Discus	Starr's Mill/McIntosh
Girls Shot	Whitewater/Griffin	Boys Shot	Whitewater/Griffin
Girls High Jump 4'6"	Fayette Co.	Boys High Jump 5'8"	Fayette Co.
Girls Pole Vault 6'6"	Starr's Mill	Boys Pole Vault 9'0"	Starr's Mill
<b>Boys Triple Jump</b>	Riverdale/Fayette Co.	Girls Triple Jump	McIntosh/Morrow
Girls Long Jump	McIntosh/Morrow	Boys Long Jump	Riverdale/Fayette Co.

#### Thursday (Finals) Girls followed by Boys

10:30a 1600m Girls/Boys (1 Heat)

3:00p 4x800m Girls/Boys (Exhibition) (1 Heat)

3:30p 4x100 Relay (2 Heats)

4:05p 400m Dash (2 Heats)

4:20p 100m Dash (2 Heats)

4:35p 100/110m Hurdles (2 Heats)

4:55p 800m Run (2 Heats)

5:15p 200m Dash (2 Heats)

5:30p 300m Hurdles (2 Heats)

5:55p 3200m Run (1 Heat)

6:45p 4x400m Relay (2 Heats)

7:20p Awards Presentation

## **Duties:**

Meet Director Chad Walker Starr's Mill

Referee/800m/4x4 Break line Starr's Mill

Jury of Appeals Fayette/Griffin/McIntosh

Awards Region 3-AAAAA

Clerk of the Course Starr's Mill

Starter USATF Official Back-up Starter Starr's Mill

FinishLynx Timing Perfect Timing

Hospitality and Concessions SMHS Booster Club

Gate SMHS

Curve Judges(300H/4x400/800m/100/110H) Riverdale/McIntosh/Fayette Co./Morrow

Exchange Zones (4x100) 1. Whitewater

2. Griffin

3. Riverdale

### **Region 3-AAAAA:**

**Fayette County** 

Griffin

McIntosh

Morrow

Riverdale

Starr's Mill

Whitewater