2019 Region 2-AA & 2-AAA Track and Field Championship

@ Jeff Davis Middle School

Tentative Dates: Wednesday, April 24th and Thursday, April 25th

Wednesday, April 24th: Field Events and Prelims

Region 2-AAA (Morning)

- Coaches Meeting (9:00am)
 - Scratches/Replacements
 - Weighing of Implements
- 1st Round of Field Events (9:30 AM)
 - All horizontal Field Events will take the <u>TOP 9</u>
 jumpers/throwers and bring them back for a "Finals"
 where each athlete will receive an additional 3
 jumps/throws
 - Boys Triple Jump
 - Girls Long Jump
 - Boys High Jump
 - Boys Discus
 - Girls Shot Put
- 2nd Round of Field Events (10:30 AM)
 - Tentative start time we will begin once the first round is over
 - Boys Long Jump
 - Girls Triple Jump
 - Girls High Jump
 - Boys Shot put
 - Girls Discus
- Prelims (11:30 AM)
 - Qualifying (girls will run first followed by boys)
 - Heat winners and the next fastest times advance.
 - 4x100 Relay
 - 1600M (Boys Final Only)
 - 400M
 - 100M
 - 100H (Girls) / 110H (Boys)
 - 800M
 - 200M
 - 300H
 - 3200M (Girls Final Only)
 - 4x400 Relay

Wednesday, April 24th: Field Events and Prelims Region 2-AA (Afternoon)

- Coaches Meeting (2:00pm)
 - Scratches/Replacements
 - Weighing of Implements
- 1st Round of Field Events (2:30pm)
 - All horizontal Field Events will take the <u>TOP 9</u>
 jumpers/throwers and bring them back for a "Finals"
 where each athlete will receive an additional 3
 jumps/throws
 - Boys Triple Jump
 - Girls Long Jump
 - Boys High Jump
 - Boys Discus
 - Girls Shot Put
- 2nd Round of Field Events (3:30 PM)
 - Tentative start time we will begin once the first round is over
 - Boys Long Jump
 - Girls Triple Jump
 - Girls High Jump
 - Boys Shot put
 - Girls Discus
- Prelims (4:30 PM)
 - Qualifying (girls will run first followed by boys)
 - Heat winners and the next fastest times advance.
 - 4x100 Relay
 - 1600M (Boys Final Only)
 - 400M
 - 100M
 - 100H (Girls) / 110H (Boys)
 - 800M
 - 200M
 - 300H
 - 3200M (Girls Final Only)
 - 4x400 Relay

2019 Region 2-AA & 2-AAA Track and Field Championship

@ Jeff Davis Middle School

Tentative Dates: Wednesday, April 24th and Thursday, April 25th

Thursday, April 25th: Combined Finals

Region 2-AA & Region 2-AAA

- Pole Vault Finals (11:00am)
 - o Both Regions
 - Girls and Boys Combined
- Finals (12:30 PM)
 - Girls will run first followed by boys
 - Region 2-AA, then Region 2-AAA
 - 4x100 Relay
 - 1600M (Girls Final Only)
 - 400M
 - 100M
 - 100H (Girls) / 110H (Boys)
 - 800M
 - 200M
 - 300H
 - 3200M (Boys Final Only)
 - 4x400m Relay