

Run at the River XC Meet – Course



Run at the River XC Meet – Information

Parking – Parking will be at Settles Bridge Elementary. Admission fee will be \$5.00 per vehicle. Coaches and busses will be admitted at no cost. Coaches and busses will park in the bus lanes.

Tents – Team tents can be set up on the practice soccer field behind the gym.

Concessions – Drinks and snacks will be available at the concession stands. Kona Ice will be there!

Course Details –

Mixture of grass, gravel, and pavement.

3 uphill and 2 downhill

We DO NOT recommend spikes.

Races –

5:45pm Varsity Boys (Top 10 Runners)

6:15pm Varsity Girls (Top 10 Runners)

6:45pm JV Boys/Girls (All Other Runners)

Awards - 7:20pm awards will be announced

Top 10 Varsity Boys

Top 10 Varsity Girls

Top 10 JV Boys

Top 10 JV Girls

40 Total Medals Awarded

Top 3 Varsity Boy Teams

Top 3 Varsity Girl Teams

6 Total Trophies Awarded